

On Tweets and Trolls

PECULIAR | Week 3



HOMEWORK (DONE BEFORE GROUP) _____

Read **Matthew 5**



GROWING CLOSER TOGETHER _____

- 1) What is a pet peeve of yours? What really irritates you?
- 2) Where do you see people's anger really coming out? Why do you think it shows itself there?



MESSAGE REFLECTION _____

- 1) What was something in this Sunday's message that stood out to you, inspired you, or challenged you?
- 2) Is anger a place you struggle? Does your anger look more like a loud fury or a quiet bitterness?
- 3) What are some examples of "holy anger"?
- 4) When does our anger cross the line to become sin?
- 5) Describe a time that your anger took control and you ended up doing or saying something you now regret.
- 6) How could we regain control during the 90 seconds of hijacking?
- 7) Where do you have trouble letting go of the fire? Who or what do you need to forgive?



GOING DEEPER

READ - **Matthew 5:21-26** together

- 1) What jumps out to you in this passage? What is interesting, challenging, or something you've never noticed before?
- 2) Why does Jesus put anger on the same level as murder?

** NOTE - "**raca**" is Aramaic for 'worthless' or 'idiot'*

- 3) Does Jesus seem to be extreme when it comes to verbal attacks? Why do you think this issue is so important to Jesus?
- 4) What does conflict do to our relationship with God?
- 5) Can you relate to unresolved anger hindering your faith or your spiritual journey? Explain how.
- 6) Given the context of resolving conflict, what do you think is meant by settling matters quickly on your way to court?

READ - **Matthew 5:38-42** together

- 7) What's the "normal" thing to do when someone hurts you?
- 8) What does Jesus encourage us to do in that situation? What's the bigger principle he's trying to teach us?



LIVING IT OUT

- 1) On a scale of 1-10, how are you doing in keeping your anger from taking control of your attitudes and actions?
- 2) What specific "landmines" really set off your anger and always seem to push you over the edge?
- 3) What specifically do you need to do differently in order to "put on the new self" in regards to your anger?