



**WEEK ONE**

EXODUS 2:1-10

Moses is Born

**ASK THIS:**

What do you worry about?

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**WEEK TWO**

EXODUS 3-6:12, 7-12:42

Moses and the Burning Bush /  
The 10 Plagues

**ASK THIS:**

What have you had to do that you didn't feel ready for?

**WEEK THREE**

EXODUS 13:17-14:31

Israel Goes Through  
the Red Sea

**ASK THIS:**

How do you respond when things seem impossible?

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**WEEK FOUR**

NUMBERS 13-14

Joshua and Caleb

**ASK THIS:**

How can you be brave even when others are afraid?



**COURAGE:**

BEING BRAVE ENOUGH TO  
DO WHAT YOU SHOULD DO,  
EVEN WHEN YOU'RE AFRAID



**REMEMBER THIS:**

"Be strong and brave. Do not be afraid. Do not lose hope. I am the Lord your God. I will be with you everywhere you go."

JOSHUA 1:9B, NIV

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 DO THIS:

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**MORNING TIME**

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As you walk out the door today, remind your preteen, “You can do the right thing even when things seem impossible. Be brave!”

**DRIVE TIME**

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While on the road this month ask, “What are some things you worry about?” Don’t just limit the question to the child in the car; ask everyone and talk about it.

**MEAL TIME**

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Q&A for Kids: Do you think more kids are scared of storms, snakes, or scary movies? Which one scares you the most  
Q&A for Parents: What is the scariest thing you’ve ever done?

**BED TIME**

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Think of a time you’ve been afraid and share what it felt like to you. Jochebed and Miriam probably felt the same way you did. Even when you feel those things, God can help you be brave. What is happening this week that makes you anxious? Pray that God will give you the strength to be brave, even in the midst of your fear.