

LIFE'S HEALING CHOICES

THE BEATITUDES - WEEK 4: COMING CLEAN

Blessed are the pure in heart, for they will see God.

MATTHEW 5:8

✦ Guilt & Shame -

1. We need a spiritual _____ .

✦ **Psalm 139:23-24** - *"Search me, O God, and know my heart..."*

2. We must accept _____ .

3. There is life and power in _____ .

✦ Two Dimensions -

✦ **1 John 1:9** - *"If we confess our sins, He is faithful..."*

✦ **James 5:16** - *"Therefore confess your sins to each other..."*