

Joy | full

Study/Discussion Guide

Summit Church

DECEMBER 6, 2020



GROWING CLOSER TOGETHER

- 1) What is a favorite Christmas present you've received?
- 2) What is your favorite Christmas tradition?

MESSAGE REFLECTION

- 1) Share something from the sermon that stood out to you, convicted you, or inspired you.
- 2) Share about a time you've seen an example of godly joy in your own life or someone you know.
- 3) Have you ever confused joy and happiness in your life? How so?
- 4) What is something about God that brings you joy?
- 5) How does gratitude foster joy in our life?
- 6) Name two things you're thankful for and why.
- 7) What is a joy thief in your life and how can you battle against it?

GOING DEEPER

READ – **1 Thessalonians 5:16-18** together

- 1) Why do you think Paul included prayer here when encouraging joy and thanksgiving?
- 2) How does the last half of the verse change things for Christians in regards to the first half?

READ – **Hebrews 12:1-3** together

- 1) What is something that jumps out at you from this passage?
- 2) How does Jesus' example encourage joy in our own lives?
- 3) How does perseverance encourage joy in our lives?

LIVING IT OUT

What are some things that you can incorporate into your life this week to encourage and foster more joy?

PRAYER TIME – *Pray for the needs and requests in your group.*