



Study & Discussion Guide

Summit Church | February 14, 2021

GROWING CLOSER TOGETHER

- 1) What was one of your favorite toys growing up?
- 2) When you thank someone, how do you do it most often? Phone call, text, social media, in person, hand-written note? What do you prefer when someone is thanking you?

MESSAGE REFLECTION

- 1) What is something from the sermon that stood out to you, convicted you, or inspired you?
 - 2) Share about at least one way that you intentionally root yourself in Jesus.
 - 3) What is one way that you get restored within the reality of God's creation?
 - 4) Why do you think that God created our souls to function best in moments of down time and what does this teach us about God?
 - 5) What are chaff types of things that distract you from being rooted in Jesus?
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GOING DEEPER

READ – **Psalm 34:1-10** together

- 1) What jumps out at you from this passage?
- 2) How does God satisfy you when you seek after Him?
- 3) When we know this truth, why is it that we find ourselves oftentimes seeking after other things that don't deeply satisfy?

READ – **Psalm 19:1-14** together

- 1) Share something that stood out to you from this passage.
 - 2) In this Psalm, David contrasts things that are sensual with eternal things that are spiritual. Why are the words of God better than anything else we can experience?
 - 3) How does creation help us to stay rooted in God?
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LIVING IT OUT

Find a verse or passage from the Bible and meditate on it today. Write it down. Memorize it. Tell someone about it. Shut off your tv or phone and just meditate on what it teaches you about God and His greatness.

PRAYER TIME – *Pray for the needs and requests in your group.*