



SUMMIT
— C H U R C H —
DIRECTION FOR THE JOURNEY



SERMON DISCUSSION GUIDE

January 12, 2025 | Charting the Course: Week 2

Memory Verse *Proverbs 3:5-6* Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.



CLOSER TOGETHER _____

1. Go around the room and share a **high**(*best moment*), **low**(*worst moment*), and **buffalo**(*most interesting moment*) from this past week.
2. Name a place you've never been but would like to travel to someday.



MESSAGE REFLECTION _____

1. Share something from the service or message that stood out to you, inspired you, or encouraged you.
2. Read **Matthew 6:25-33** together. What jumps out at you from this passage?
3. What causes worry in you?
4. Why is worry such a common temptation for people? What is worry at its core?
5. What is the biggest difference between worry and concern? When does sincere concern turn into worry(sin)?
6. Read **Lamentations 3:22-23** together. How does trusting God and his faithfulness help you combat worry?
7. Share about what it looks like practically for you to *trust in the Lord with all your heart* (Prov 3:5-6) when it comes to decisions and life concerns.



GOING DEEPER _____

READ **Jeremiah 17:5-8** together.

1. What is something from this short passage that stands out to you?
2. Why is trusting in yourself or others a curse? Contrast with Proverbs 3:5-6
3. Is it possible to draw strength from yourself or others (**v 5**)? Is this a good or bad thing according to this verse? Why? (see **vv 5-6**)
4. How does not trusting in God result in desolation and wasted living?
5. Share one reason you can have confidence in God.
6. What are the three indicators of someone who trusts in God.
7. How have you seen your trust meter go up and your worry meter go down as you have grown in your faith? What is the most difficult part about trusting God with your life and decisions?



LIVING IT OUT _____

1. As you make decisions going forward, regularly ask yourself "Which path honors God?" Pray about it. Invite God in and then make the decision confidently.
2. Read and meditate on **Matthew 6:33-34** this week.
3. Read or listen to the words of the song *Don't Worry, Be Happy* by Bobby McFerrin. What solution does Bobby offer for worry? How does God offer a better solution for worry? (see **1 Peter 5:7**) Thank God for his **faithful** presence in your life and that he alone can hold your worries, cares and concerns.



LIFT EACH OTHER UP _____

Take time to pray for each other.