## **GROWING CLOSER TOGETHER**

- 1) Who was your best friend in elementary school and why?
- 2) What is one of your favorite memories that you shared in another person's presence? ( *It could be fun, funny, special, deep, etc.* )

## MESSAGE REFLECTION

- 1) What was something in this Sunday's message that stood out to you, inspired you, or challenged you?
- 2) Why has *loneliness* increased exponentially in the last twenty years? Is it going to get better or worse in the next decade? Why?
- 3) In what ways have devices and technology enabled you to be more *connected* with the people you care most about?
- 4) In what ways have devices and technology caused you be more **disconnected** with the people you care most about?
- 5) Do you think chatbot technology is *helpful* for emotional wellbeing or *detrimental?* What are the ramifications for future generations?
- 6) Is it easy or difficult for you to form close friendships? Why do you think that is?
- 7) What needs to change for us to build better relationships?
- 8) Of the 5 Biblical Principles PW gave for **investing in community** (commitment, vulnerability, grace & understanding, challenge, being present) which ones are easy for you? Which ones are hard? Which of them do you need from others the most?
- 9) How might God be calling you to personally grow in these things?

## GOING DEEPER

Today we are going to read from the book of Ecclesiastes.

This book was written by King Solomon, whom the Bible calls the wisest man who ever lived. This was written at the end of his life.

## READ - Ecclesiastes 4:7-12 together

- 1) What jumps out to you in this text that's interesting or challenging?
- 2) How is life better when you have someone to share it with? (vs. 8) Can you give an example of this from your own life?
- 3) How can two accomplish more than one? (vs. 9) How might working with others make us more successful at life and faith?
- 4) How can we help each other up when we fall? (vs. 10) When was a time that you needed someone to help you up?
- 5) How can another person bring the warmth of comfort? (vs. 11) Describe a time that someone comforted you?
- 6) How can we fight for each other? (vs. 12) What might that look like in a friendship? In a marriage?

TOUR NEXT STEP	YOUR NEXT STE	P	
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<u>Digital Detox Challenge</u>: Follow up from last's week's conversation about doing a "digital detox" challenge. I encourage everyone in the Life Group to take a moment to share if there is time.

- Have you decided what kind of limits and/or boundaries you want to put around your devices for this 10-to-30-day challenge?
- If you have started your "digital detox" fast how is it going?
   What's challenging about it? How has it been rewarding?

PRAYING TOGETHER	

Save some time at the end to share burdens and pray for one another.