SUMMIT CHURCH
DIRECTION FOR THE JOURNEY

LIFE groups

SERMON DISCUSSION GUIDE

November 15, 2026 | GARMENTS Week 3: The Dungeon



GROWING CLOSER TOGETHER

1. Have you ever had a **recurring** or **memorable** dream? What was it?

2. Are you **patient** when you have to wait, or do you **struggle** with waiting? Why?



MESSAGE REFLECTION

1. Share something from the service or message that **stood** out, **challenged** or **encouraged** you.

2. Joseph went from **favored** son to slave to prisoner. What does his story teach us about **suffering** while continuing to live **faithfully**?

3. Have you experienced a season when God seemed **silent** or **distant**? What helped you **remember** he was still with you?

4. How do *Genesis 39:21* and *Romans 8:35–39* remind us of God's **presence** and **love**, especially when our feelings seem to be telling us something else?

5. Joseph asked the cupbearer to **help** him get out (*Genesis 40:14*). How can we proactively **seek help** in hard situations while still **trusting** God?

6. What might it look like to remember the “who” when you’re struggling with the “what” or “why” in hard seasons?

7. Joseph gave the cupbearer **good** news and the baker **hard** news. Why is it important to share both? How does this point us to our need for **Jesus**?

8. Jesus entered our **dungeon** and took our **sentence**. What does that mean for you, and why is it **good** news?



GOING DEEPER

READ **Psalm 13:1–6** together.

1. What is something that **jumps** out at you from this passage?

2. What does David's honesty here teach us about praying when we struggle?

3. What does David's repetition of the question, "How long" reveal about his **pain**, and what does it teach us about bringing our **struggles** to God?

4. How does this Psalm move from **lament** to **trust**? Does David's situation **change**, or is there another explanation?

5. In *Genesis 39:21* God shows Joseph **steadfast** love; in *Psalm 13:5* David **trusts** in that love. Why does it matter that God's love is there even when we don't feel it?

6. David says, 'he has been **good** to me.' What's one way God has been **good** to you that you can **hold** onto in a hard season?

7. How might this psalm shape the way you **encourage** someone who feels that God is **silent**?

8. David ends with **praise** even though his circumstances may not have **changed**. What does that teach us about choosing to **trust** God?



YOUR NEXT STEP

Choose one. If you want to go deeper, try both.

☐ Where is God calling you to **trust** him while you wait? If you're in a harmful or unfair situation, what step could you take to seek **help**?

☐ Who in your life needs to hear the truth about the need for a **Savior** and the **hope** found in **Jesus**? What are you going to do about it?



PRAYING TOGETHER

Take time to share burdens and pray for one another.